

## YOGA FOR HEALTH CLASSES FOR MAY - JUNE 2012

[www.yogaforhealth.org.uk](http://www.yogaforhealth.org.uk)

ELTHAM United Reformed Church	MON: 7:30-9:00pm	14/05/12 18/06/12	21/05/12 25/06/12	28/05/12 02/07/12	11/06/12 09/07/12	*
MYCENAE HOUSE	WED: 10:00-11:30am	04/04/12 02/05/12	11/04/12 09/05/12	18/04/12 16/05/12	25/04/12 23/05/12	*
TRINITY CENTRE	THUR: 7:30-9:00pm	03/05/12 31/05/12	10/05/12 07/06/12	17/05/12 14/06/12	24/05/12 21/06/12	*

### **Fees:**

Classes are £56 for the 8 week block or £9 per class pay on the day.  
Concessionary rate is £48 for the 8 week block or £8 pay on the day.  
Concessionary rate applies to unemployed, retired and students.

### **First class free for new students**

Payment AND payment slips should be returned to me 1 week before classes commence.

Alternatively the completed forms and cheques can be sent to:

c/o Diane Green, Yoga for Health at  
Mycenae House, (Mycenae Road, Blackheath, SE3 7SG)

### **Please**

**Do not include any cash in the envelope**  
**Make cheques payable to Diane Green**



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Please complete and return this section:

EURC – Mon       MH – Wed       TC – Thur

NAME:

TELEPHONE:

EMAIL ADDRESS:

AMOUNT:                      £ .....

Method of Payment:      CASH       CHEQUE

Diane – 07784 589002

[diane@yogaforhealth.org.uk](mailto:diane@yogaforhealth.org.uk)

[www.yogaforhealth.org.uk](http://www.yogaforhealth.org.uk)

Please use the reverse of this section of the form to keep me up to date with any ailments you have or medication you are taking that may affect your yoga practice.